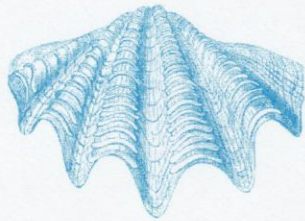


# Monthly Grief Support



## 2018 SCHEDULE

**January 9, 2018**

*Death Changes Everything*

**February 12, 2018**

*Heavy Heart - Healing Heart*

**March 13, 2018**

*Grief: A Tangled Ball of Emotion*

**April 10, 2018**

*Expect the Unexpected*

**May 8, 2018**

*New Life After Loss*

**June 12, 2018**

*Are You Stuck in Grief*

**July 10, 2018**

*What Do I Live for Now*

**August 14, 2018**

*Oceans of Grief*

**September 11, 2018**

*As the World Turns*

**October 9, 2018**

*The 6 "R's" of Mourning*

**November 13, 2018**

*The Gift of Being Thankful*

**December 11, 2018**

*Getting Through the Holidays*

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All programs are free and  
open to the public

800.220.0110, ext. 1372  
508.222.0118, ext. 1372

[www.communityvna.com](http://www.communityvna.com)

[Khenderson@communityvna.com](mailto:Khenderson@communityvna.com)

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Monthly Grief Support Groups meet from 6:30 to 8:00pm  
at Community VNA, 10 Emory Street, Attleboro, MA 02703